

SD 8 and District PAC are proud to host the first in the Parent's Night Out Series

# The Magical Teenage Brain

SUPPORTING YOUR TEENAGER TO DO WELL IN SCHOOL AND SUCCEED IN LIFE



**Gary Anaka**

Brain based Learning Facilitator

- Why the adolescent brain is in biological turmoil
- How to engage and communicate with teens
- How dopamine drives their risk taking behavior
- What teenagers crave most
- Teenagers are the architects of their own brain, discover how to do this
- Strategies to effectively reach and teach adolescents, leading them to academic success and a life long learning potential

<http://www.braincoach.ca/>

**Wednesday October 17th**

**7 to 9 pm**

**Mount Sentinel High School**

**1014 Playmor Rd.**

**For parents of children of all ages.**

Free, no preregistration. Childcare and travel subsidies on request.  
Bring a pen and book/clipboard to write on - part of the presentation!

For more information: Louise Poole [klpoole@shaw.ca](mailto:klpoole@shaw.ca)

